

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Ruan Van antwerpen

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #1

held at Cowhouse Market.

**TIME** 01:09:18

**PACE** 04:36/km

**OVERALL** 3 of 37

**GENDER** 3 of 25

**OPEN** 1 of 17

04 March 2018, Sun

Date



BoutTime